



Summit Psychological Services

Predoctoral Internship Mission Statement

Our predoctoral internship is dedicated to developing highly competent, ethical, and professional emerging psychologists through advanced clinical training in a supportive, collaborative, and multidisciplinary environment. We are committed to fostering the growth of trainees who provide high-quality, evidence-based care to diverse individuals and families.

Our mission is to cultivate strong clinical judgment, professional identity, and a deep understanding of both assessment and therapeutic practice. Interns gain rigorous experience in psychological testing and assessment, diagnostic formulation, and outpatient therapy skills while engaging in meaningful collaboration with clinicians across disciplines. Through individual and group supervision, structured learning opportunities, and active participation in our clinical community, we prepare interns to step confidently into the role of early-career psychologists who uphold the highest standards of clinical excellence and integrity.

Predoctoral Internship Program Bulletin

Program Overview

Our predoctoral internship is an advanced clinical training site designed for doctoral-level psychology students seeking comprehensive experience in psychological assessment and outpatient therapy. We offer a robust, challenging training environment that emphasizes quality of care, ethical practice, and professional maturity. While our program is not accredited by APPIC nor governed by The Council of Directors of School Psychology Programs (CDSPP), we operate with high professional standards and expectations consistent with advanced doctoral training.

Training Philosophy

We believe that exceptional clinicians are shaped through a balance of support, structure, and real-world responsibility. Interns are treated as valued members of the clinical team, expected to conduct themselves professionally, engage actively in supervision, and demonstrate initiative in their ongoing development.

Our philosophy centers on:

- High-quality, patient-centered care
- Integration of assessment and treatment skills

- Multidisciplinary collaboration
- Reflective practice and lifelong learning
- Ethical decision-making and professional boundaries

Clinical Services & Opportunities

Interns receive training and hands-on experience in both psychological testing and assessment and conducting outpatient therapy. More specifically, interns will get experience with:

Psychological Testing & Assessment

- ADHD, ASD and executive functioning assessments
- Intellectual and achievement testing
- Personality and emotional/behavioral testing
- Diagnostic clarification
- Integrated report writing and case conceptualization

Outpatient Therapy

- Individual therapy with children, adolescents, and adults
- Family and couples counseling
- Group therapy opportunities (as available)
- Evidence-based interventions tailored to client needs

Supervision & Professional Development

Supervision emphasizes clinical decision making, ethical practice, skill acquisition, and professional identity development. Our site's supervision offers a structured combination of:

- Weekly individual supervision (2 hours)
- Weekly group supervision
- Case consultation and multidisciplinary team meetings
- Ongoing performance feedback
- Professional development workshops and didactics (as available)

Multidisciplinary Collaboration

This collaborative model prepares interns to function effectively within integrated care environments. Interns work closely with:

- Psychologists

- LPC's, LAPC'S, LSW'S, LCSW'S
- Psychiatrist and psychiatric mental health nurse practitioners
- Administrative staff
- External providers such as service coordinators, case managers, case workers, etc.

Expectations of Interns

Our site is best suited for interns seeking a rigorous training experience with high expectations for professionalism and autonomy. Interns are expected to:

- Provide high-quality, ethical, and culturally responsive treatment to Summit's patients
- Maintain professional communication and boundaries
- Demonstrate punctuality, reliability, and accountability
- Participate actively in supervision
- Meet documentation and productivity expectations
- Engage collaboratively with colleagues and staff
- Uphold confidentiality, HIPAA compliance, and Summit's office policies and procedures

Accreditation & Program Status

While this internship is not currently APPIC-accredited and not overseen by NASP or CDSPP, it remains a structured, high-quality training placement. We emphasize transparency and encourage prospective interns to consult their academic programs to ensure that our site aligns with programmatic training requirements.

Summary

Our internship provides a robust, challenging, and genuinely supportive training environment for advanced doctoral trainees. With strong supervision, diverse clinical experiences, and a collaborative culture, interns develop the skills, professionalism, and confidence required for the transition to early career psychologists.